Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location Number:	*Paul L. Dunbar K-8 Center #1441*
Principal:	*Maria de Armas*
Phone Number:	*305-573-2344*
School Wellness/Healthy School Team Leader:	*Isaiah Thomas*
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	*Nelson Milsaint* *Corinthia Williams* *Shatavia Jimeson*
Committee Meeting Dates (list at least 4):	October 2026 (EESAC Meeting) November 2026 (EESAC Meeting) February 2027 (Faculty Meeting) March 2027 (EESAC Meeting)
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒ Nutrition ☒ Physical Education ☒ Physical Activity ☒ Health and Nutrition Literacy ☒ Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: Promote free breakfast participation and healthy eating habits, especially during testing periods. Physical Education: FitnessGram activities and Cardio Zumba for middle school students. Physical Activity: Intramural sports competitions and wellness challenges. Health and Nutrition Literacy: Colgate BSBF Florida Team Partnership for dental health literacy education.

	Preventive Healthcare: Partnership with OYC Miami and OnMed Care Station to increase healthcare awareness.
Sustainability Practices:	Post nutrition and health information throughout the school. Encourage outdoor learning spaces and incorporate sustainability lessons into instruction.
Community Engagement:	Partner with Miami Dade College Medical Campus for dental screenings and health literacy. Collaborate with OYC Miami and community wellness partners.
Monitoring and Evaluation:	Maintain committee agendas and sign-in sheets. Review wellness activities quarterly and promote initiatives through EESAC, newsletters, and social media.
Other Activities: *If applicable, attach supporting documentation (e.g. event flyer)*	Quarterly Family Health and Literacy Workshops. Teacher Wellness Program and staff wellness initiatives.